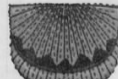


Sunday News Journal, Wilmington, Del.

July 13, 1997, Section J

COMING MONDAY:
Doctors have found a medical miracle in the umbilical cord

Kim Turner and her newborn son, Michael.



Midas touches fashion again: Gold is back

Glistening gold is rising from the ashes of the decadent '80s and quickly gaining popularity. See it shimmering in the holiday designs by the German company Olsen at Lady's Image on Concord Pike, Truvilleville.

See gold jewelry shimmering on wrists and carols of festive and celebrities in fashion magazines. Mini-mallions, 14k and 18 karats is back in. Could it be that falling prices of gold jewelry have made the idea of wearing the flashy color more acceptable for the masses?

Stacey Tidgde

Or is it simply our folks fashion sense? We went to minimalism and now the pendulum is swinging back to more drama. Says Martha Morgan of Morgan's of Delaware Avenue:

I had seen gold in 1985 when I attended my Chicago cousin's Presentation Ball in Chicago and had gone. Paraded with beads and rhinestone earrings, a gold beaded

parade with a golden necklace to match my metallic pumps. I looked like an escapee from Fort Knox. I thought the flashy get-up would stand out against the white-just-washed debaters in their hot gloves and pearls. Since then, I've been hiding in black. But the good news is, I've found that beaded gold purse.

Power suits go punk
The re-emergence of gold isn't the only thing giving us flash-backs of the '80s. The decade-old, hard-edged, punky look reached last week's couture shows in Paris as power suits and leather took to the runways. The looks were reviewed in the pages of Jilly's fashion magazine, where images of hardened women in aggressive looks created by minkskin, alligator and fur shimmer across the page. Fashion editors call the look aggressive. Ouch.

Get a trim, help a pet
Good grooming can benefit a pet — even when you're the one getting groomed. Corrie Hair Skin Nails is a grooming parlor from all haircuts and manicures done from noon to 6 p.m. All in the Delaware Humane Association. The benefit, also in that year, was the inception of a stylist manager, Erin Marston of Wilmington, who learned of the humane association's need from a friend. Last year the event raised about \$1,200 for the nonprofit shelter, which doesn't euthanize animals.

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Life Leisure

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Maternal healing

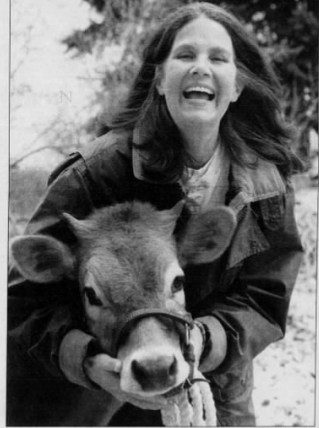
Delaware's pioneering heart surgeon operates under the influence of his wife, whose devotion to alternative medicine and nutrition changed his life and makes believers out of his patients.



When he was younger, Dr. Gerald M. Lemole was skeptical about alternative medicine.



Jane Lemole relaxes at home with her granddaughters, Zoë O., 2, and a cat named Flinquin.



Jane Lemole plays with her cat, Blossom, at the family farm in Huntington Valley, Pa., in March.

By ANNE HARRIMAN
Staff reporter

Henry Putberg, age 60, died last week of a heart attack. A top heart surgeon in New York had told her surgery was impossible on her failing heart, which had all but destroyed her liver. She would die on the operating table.

On the street outside his office, Putberg, a single mother, sank into the seat of the car and turned to her 20-year-old daughter.

"I was telling her what I wanted, where I wanted to be buried, and how I had to determine which brother would raise my 15-year-old daughter."

The two women joined hands and wept.

Why don't you call Dr. Lemole? Putberg's mother said, dividing up a note from 15 years earlier, when a young Dr. Gerald M. Lemole had removed a congenitally deformed heart at Temple University Hospital in Philadelphia.

But the Lemole she found, Delaware's first and leading heart surgeon, had evolved into someone more than an accomplished and inventive technician.

Along with lasers, endoscopic instruments and incisions on tiny, some patients went home pain free in a matter of hours, Lemole was now drawing on another world of healing. He was using alternative or complementary potions, herbs and vitamins, and sending pa-

tients with complex heart conditions to local health food stores and not into the operating room.

During almost 35 years of marriage, he had been transformed by the learning and intuitive wisdom of his wife, Emily Jane Asplundh Lemole.

It was to his wife that Lemole turned when Putberg, much too ill for surgery, entered his office in Stanton. Jane Lemole's advice helped strengthen Putberg enough for life-saving surgery.

Jane Lemole is called "The Healer" by another well-known heart surgeon, her son-in-law, Dr. Robert M. DeBorja, of Columbia Presbyterian Medical Center in New York. Dr. DeBorja, an expert in heart transplantation, is also an enthusiastic convert to one of the country's most respected new-age healers, he has established a Cardiac Complementary Care Research Center.

Jane Lemole is a former English major and a member of the Asplundh family, tree surgeons to East Coast utilities.

But her intuitive, maternal faith in the healing power of God, herbs and the spiritual, has changed and expanded the way her husband met non-invasive practice medicine.

Lemole and the alternatives

Dr. Gerald Lemole admits he was skeptical when his young wife began sending him messages from the medical fringe during his postgraduate training in the 1960s in New York, and then at Temple in Philadelphia and Baylor in Houston.

See LEMOLE — J2

Holistic hot line has answers

The M.D.'s Holistic Healthline — (800) 857-WELL — provides recorded information on more than 50 diseases and problems, "the truth about natural remedies."

All information is approved by an advisory panel of three doctors: Dr. Gerald Lemole, Dr. Steven C. Halbert, on the faculty at Jefferson Medical College, and Dr. Sandra A. McLamahan, director of stress management training at the Preventive Medicine Institute of Dean Orm in Sausalito, Calif., and executive director of Integral Health Center in Buckingham, Va.

Callers can order a printout of the message and recommended vitamins and nutrients to supplement any medicines ordered by their own physicians.

The cost is \$1.99 per minute. The average call lasts five minutes.

At Saratoga, elegance still places first

Well-dressed racing fans breakfast on champagne.



Debby Bonano and Brenda Lajovich of Easton, Pa., watch the horses' work out from At the Rail.

By MADEIRA JOY HAZELL
The National Observer

Let's face it. The average person doesn't have many reasons to drink champagne with breakfast.

The August horse-racing season in Saratoga Springs, N.Y., is one of the best.

"Good morning. We have a table clearing in the front. Follow me please," a tanned matron of 50 says as she leads a couple to a table.

At 7 a.m., the Saratoga race track is in top form.

The aroma of turf, horsefeed and coffee mingles in the morning mist at the open-air restaurant be-

neath the grandstands. "I'll have the fruit cup, scrambled eggs, hash, brown, bacon, coffee and a split of Dom's Chandon champagne, thank you," one woman orders, her binoculars trained on a distant horse.

Hundreds of people breakfast at red-and-white-tinted tables in the At the Rail Pavilion as they watch some of the world's finest and fastest horses in their morning workouts.

In Saratoga's two centuries of history as a resort, horse racing is a relatively late addition to the lengthy list of diversions. But it

In emergency, contact Mom

Dads who are involved in child care are more likely to handle scheduled activities, but they are less apt to deal with care emergencies, a new study shows.

Dads tend to do more of the things for which they can arrange their time, says University of Tulsa psychologist study Jerry Berry.

"But when it comes to day care or staying home with a sick child, or still see a real gender gap."

Berry researched 147 fathers age 24 to 53 in dual-career marriages, in three different studies.

In one leg, her team asked 108 dads what they do. They found:

- 39 percent attend a child's sports or games.
- 38 percent take a child to a scheduled doctor's visit.
- 29 percent attend parent-teacher conferences.

But only 9 percent had missed work when child care was unavailability, 8 percent had changed work schedules to care for a child.

One reason: Business still does not expect dads to take time off for family, Berry says.

USA Today