20-CI-00976

AOC-1025 Rev. 3-20 Page 1 of 1

Doc Code: NO



Case	No.	20-Cl-00976
O-1114		

County	Hardin	0.
Division	223	

Commonwealth of Kentucky Court of Justice www.kycourts.gov		County Hardin
KRS 212.245; 902 KAR 2:050	NOTICE	Division II
IN RE: (check one) ☑ISOLATION ☐QUAR TO: A. L.	RANTINE MEDICAL TESTING OF F	(individual's Name)
. [Address]	* ***	40 41
THE COMMONWEALTH OF KENTU	CKY TO ABOVE-NAMED INDIVIDUAL:	
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as requested by the Lincoln Trail Dis	frict Health Department [focel health department name]	oursuant to KRS 212.245(6) and 902 KAR
2:050. The petition/affidavit filed by Linattached to this Notice.	ncoln Trail Health Department (local health department name)	in support of this Order is also
You are further NOTIFIED that if	you can show good cause why (check o	пө)
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	987/50 F0/510/6195 54900 A 1970 M 19	REQUEST A HEARING on this matter and
%	ORNEY. If you cannot afford an attorney,	one will be appointed for you.
TO REQUEST A HEARING, y	ou must contact the Hardin	Circuit Court Clerk's Office at
270-766-5000 and a tele	ephonic hearing will be scheduled. If you	cannot afford an attorney, you must tell the
Clerk when requesting the hearing, at	nd one will be appointed for you.	×
July 16 Date		Loretta Crady Loretta Cody D.C.
	PROOF OF SERVICE	
This Notice was served by delivering	a true copy of the Petition/Affidavit and	Order to:
this day of	, 2	
Date	, 2 Served by:	
		Title

AOC-1025 Doc Code: NO Rev. 3-20		Case No. 20-CI-00975	
Page 1 of 1		Court Circuit	•
Commonwealth of Kentucky		" Hardin	
Court of Justice www.kycourts.gov		County Hardin	
KRS 212.245; 902 KAR 2:050	NOTICE	Division II	
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THE COMMONWEALTH OF KENTU	CKY TO ABOVE-NAMED INDIVIDUAL:		
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as requested by the Lincoln Trail Dis		ant to KRS 212.245(6) and	902 KAR
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TO BE REPRESENTED BY AN ATTO	ORNEY. If you cannot afford an attorney, one v	vill be appointed for you.	
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Rev. 3-20 Page 1 of 1		Case No. 20-01-00974
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Commonwealth of Kentucky Court of Justice www.kycourts.gov		County Hardin
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as requested by the Lincoln Trail Dis		ant to KRS 212.245(6) and 902 KAR
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2:050. The petition/affidavit filed by L		in support of his Order is also
attached to this Notice.	[local health department name]	e ·
You are further NOTIFIED that i	f you can show good cause why (check one)	
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is not medically necessary for the pro	tection of others, you have the RIGHT TO REC	UEST A HEARING on this matter and
60 MW	ORNEY. If you cannot afford an attorney, one	
TO REQUEST A HEARING,	you must contact the Hardin	Circuit Court Clerk's Office at
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[phono number]	lephonic hearing will be scheduled. If you cann	ot allow all attorney, you must tell the
Clerk when requesting the hearing, a	ind one will be appointed for you.	
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Date	Clerk	. 1
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Commonwealth of Kentucky

Court of Justice www.kycourts.gov

KRS 212.245; 902 KAR 2:030, 050

ORDER FOR ISOLATION OF INDIVIDUAL PURSUANT TO 902

	Case No. 20-8#=009714
	Court Circuit9th
	DivisionII
ı	County Hardin

IN RE:

The COURT, having received evidence in this matter, and being otherwise sufficiently advised, now FINDS by clear and convincing evidence:

- Kentucky Governor Andy Beshear declared a State of Emergency, through Executive Order 2020-215, on March 6, 2020, the same date that he announced the first confirmed COVID-19 case in the state. In declaring a State of Emergency, Governor Beshear acted pursuant to the authority granted to the Governor of Kentucky in KY. REV. STAT. ANN. § 39A.100(1). Upon declaring a State of Emergency, the Governor may exercise additional emergency powers including the authority to exercise all functions "necessary to promote and secure the safety and protection of the civilian population." KY. REV. STAT. ANN. § 39A.100(1)(j).
- The Lincoln Trail District Health Department has received reports of increasing numbers of ill people exhibiting symptoms of a disease that has in its course the possibility of severe disability or death.
- 3. 2019-novel Coronavirus (2019-nCoV) is a new communicable disease that has not been previously identified in the world. 2019-nCoV meets the definition for "severe acute respiratory syndromes" as set forth in federal Executive Order 13295, as amended by Executive Order 13372 and 13674, and is a federally quarantinable communicable disease.
- 4. 2019-nCoV is spread from person-to-person among close contacts. According to the Center for Disease Control and Prevention, person-to-person spread is thought to occur mainly via respiratory droplets produced when an infected person coughs or sneezes. These droplets can be inhaled into the lungs and in the mouths or noses of people who are in close contact. Further, this disease may be spread from contact with contaminated surfaces or objects.
- 5. Clear and convincing evidence shows that those people who are in physical contact with or in the proximity of less than 6 feet of an individual infected with this disease, or have had contact with a surface or object that is contaminated with 2019-nCoV, are likely to exhibit symptoms within 2 to 14 days, which period

of time is referred to herein as the "incubation period." Thus, the clear and convincing evidence suggests this disease is easily transmissible from person-to-person.

- There are no known preventive medications for this disease at this time.
- 7. The most effective method currently known to medical science to contain and curtail the spread of this disease is the isolation of anyone who has the symptoms identified above at Paragraph 4 or tested positive for 2019-nCoV, and the quarantine of those who have been exposed to a person infected with this disease for the duration of the incubation period, as identified above at Paragraph 5.
- 9. The Affidavit of Sara Jo Best indicates that I attended church at its last in-person service on July 1, 2020.
- 10. The affidavit of Sara Jo Best also indicates that has declined to agree to voluntarily isolate herself from people who are not members of her household.
- 11. Due to positive test results for 2019-nCoV recited above at requires isolation at her home located at
- 12. Isolation of home under ankle a location monitoring device will reasonably protect those with whom would otherwise come in contact from acquiring this disease from
- 13. The Lincoln Trail District Health Department is the agency with the authority to control the spread of infectious diseases and the responsibility to provide medical care and supervision for authority.
- 14. Pursuant to such authority and in an attempt to prevent from undertaking activities potentially harmful to the public's health, the Lincoln Trail

District Health Department issued an order of isolation to July 13, 2020, which the COURT has received as Exhibit A,

15. The affidavit of Sara Jo Best has indicated that voluntarily agree to isolate and sign the agreement to isolate document provided by the Lincoln Trail District Health Department and has conveyed that she will leave her home to get supplies and do errands which she considers necessary.

The COURT now MAKES the following conclusions:

- The Lincoln Trail District Health Department had the authority to issue an order of isolation to pursuant to KRS 214.020, 212.245(5), and 902 KAR 2:050.
- This CIRCUIT COURT has jurisdiction over this action pursuant to KRS 212.245(6).
- Pursuant to KRS 212.245(6), this COURT has the power to issue an injunction compelling to comply with the Lincoln Trail District Health Department 's isolation order.
- 4. The nature of the disease at issue (as recited above at Paragraph 3), Elizabeth Linscott's positive test results for 2019-nCoV (as recited above at Paragraph 8), and the conduct of I (as recited above at Paragraphs 9 and 15), constitute clear and convincing evidence that it must be placed under an order of isolation so as to protect the public's health.

Therefore, IT is ORDERED, ADJUDGED, and DECREED that shall be confined to her home at serious for a period of 14 days. I is enjoined from leaving until this period of time has elapsed, on July 30, 2020.

It is further ORDERED, ADJUDGED, and DECREED that upon the expiration of the 14 days.

shall be released from confinement and the Lincoln Trail District Health Department shall file a final report regarding disposition of this matter with this COURT. In the event the Lincoln Trail District Health Department believes further confinement of!

will be necessary, it shall commence appropriate proceedings to that effect in this COURT prior to the expiration of the 14 days.

It is finally ORDERED, ADJUDGED, and DECREED that the Hardin County sheriff shall assist Envivo Health with the placement of a location monitoring device if

District Health Department bears the logistical and financial responsibility for all necessary expenses related to confinement or measures necessary to ensure compliance. The Lincoln Trail District Health Department shall also ensure that and her dependents residing at the place of confinement have adequate provisions of food, medicine, or other necessities during the period of confinement.

This order shall expire 14 days after its issuance.

This 14 day of July, 2020 at 11:30 (a.m.p.m.

JUDGE KEN M. HOWARD

HARDIN CIRCUIT COURT, DIV. II

Distribution: Hardin County Attorney

Lincoln Trail District Health Department

Hardin County Sheriff

ENTERED: #

ATTEST LORETTA CRADY, CLERK HARDIN CIR/DIST COURT

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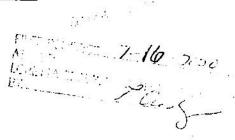
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Hardin Circuit Court

Di	vision_	11-		
Case Number _	20-	54-	009	7.5

In Re:



VERIFIED PETITION

- The Petitioner states that her name is Sara Jo Best, and that she is the Public Health Director of the Lincoln Trail District Health Department.
- That the Petitioner states that on March 6, 2020 the Governor of Kentucky issued Executive Order 2020-215 which designated the Department of Public Health, of which the Petitioner is an agent, to provide personnel and other resources needed to protect lives (Exhibit A).
- The Petitioner states that she is associated with the Respondent in that the Petitioner
 was notified that the Respondent's spouse, who lives in the same household with this
 Respondent, tested positive for Covid-19 on July 11, 2020.
- 4. That the Petitioner states that United States Executive Order 13295 (Exhibit B) as amended by United States Executive Order 13372 (Exhibit C) and amended by United States Executive Order 13674 (Exhibit D) have established that 2019-novel Coronavirus (2019-nCoV) meets the definition for "severe acute respiratory syndromes" and is a federally quarantinable communicable disease. It is characterized by fever, cough, and shortness of breath and can progress to severe respiratory illness requiring hospitalization and mechanical ventilation and can lead to death.
- 5. That the Petitioner states that the Centers for Disease Control has determined that 2019-novel Coronavirus is spread from person-to-person mainly via respiratory droplets produced when an infected person coughs or sneezes and that these droplets can be inhaled into the lungs and in the mouths or noses of people who are in close contact. (Exhibit E)
- 6. That the Petitioner states that Centers for Disease Control has directed that to curtail the spread of this disease isolation is recommended for anyone who tests positive, even if they are asymptomatic and for anyone who is symptomatic (Exhibit F).

- 7. That the Petitioner states that the Centers for Disease Control has recommended a 14day quarantine from the date of the last contact for anyone who is in close contact with someone who has tested positive and/or has symptoms of Covid-19 (Exhibit G).
- 8. The Petitioner states that on July 13, 2020, at 11:10 a.m. the Respondent was contacted by the Lincoln Trail District Health Department and requested that the Respondent be quarantined from contact with people outside of his household and that the Respondent was sent a written agreement to quarantine via DocuSign (Exhibit H).
- 9. The Petitioner states that the document was viewed on July 13, 2020 at 5:54 p.m. and as of July 16, 2020, the Respondent has failed to return the document to the Lincoln Trail District Health Department and that the Respondent's spouse returned her own voluntary agreement to isolate as "declined" with a statement as follows:

I will do my best to stay home, as I do every other time I get sick. But I cannot comply to having to call the public health department everytime that I need to go out and do something. It's my right and freedoms to go where I please and not have to answer to anyone for it. There is no pandemic and with a survival rate of 99.9998%, I'm fine. I will continue to avoid the elderly, just like PRIOR guidelines state, try to stay home, get rest, get medicine, and get better. I decline.

10. That the Petitioner believes that it is necessary that the Court issue an Order for this Respondent to be quarantined from all others except those in his household to prevent the further spread of the disease.

This <u>//</u> day of July, 2020.

Lincoln Trail District Health Department

108 New Glendale Road Elizabethtown, KY 42701

270-769-1601 (phone)

270-765-7274 (fax)

Sara.Best@LTDHD.org|Sara Best@LTDHD.cr. i

Commonwealth of Kentucky County of Hardin

Sworn before me this day of July, 2029 by Sara Jo Best, after first being duly

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XSU.

My commission expires: イゼルギー Notary# <u>5</u>25567

Prepared:

Jennifer B. Oleham Hardin County Attorney 100 Public Square Elizabethtown, KY 42701

(270) 765-6726 joldham@hcky.org Hardin Circuit Court

Division # Case Number 20-01975

In Re: 1

.....t

DOB unknown

AFFIDAVIT

Comes the Affiant, and for her Affidavit, states as follows:

- My name is Sara Jo Best, and I am the Public Health Director of the Lincoln Trail District Health Department.
- On July 11th, 2020, household contact of

tested positive for COVID-19.

is a

- 11. attends a church in which the congregation has 25 documented positive cases of Covid-19.
- 12. The last in-person church service for the congregation was held on July 1, 2020, according to the pastor of the church, this believed that attended the service with his family.
- instructed LTDHD to send the written agreement for quarantine for to her email address. This was submitted to by the Lincoln Trail District Health Department instructing quarantine for himself from contact with people outside of his household. neglected to make contact with LTDHD by phone. neglected to return written agreement to quarantine via Docusign.
- 14. On July 14, 2020 at 9:27 a.m., eturned the document as declined along with other members of her household and provided a written response as follows via DocuSign:

I will do my best to stay home, as I do every other time I get sick. But I cannot comply to having to call the public health department everytime that I need to go out and do something. It's my right and freedoms to go where I please and not have to answer to anyone for it. There is no pandemic and with a survival rate of 99.9998%, I'm fine. I will continue to avoid the elderly, just like PRIOR

guidelines state, try to stay home, get rest, get medicine, and get better. I decline.

15. I am requesting that the Court issue an Order for prevent the further spread of the disease.

to quarantine to

Further, Affiant sayeth naught

This $\frac{1}{\sqrt{5}}$ day of July, 2020.

Sara Jo Best

Lincoln Trail District Health Department

108 New Glendale Road Elizabethtown, KY 42701 270-769-1601 (phone)

270-765-7274 (fax)

Sara.Best@LTDHD.org]Sara.Best@LTDHD.org

commonwealth of Kentucky County of Hardin

> Sworn before me this day of July, 2020 by Sara Jo Best, after first being duly sworn.

> > Notary Public

My commission expires: 4/26/27:
Notary# 565568



ANDY BESHEAR GOVERNOR

EXECUTIVE ORDER

7-16-2000 2C

Secretary of State
Frankfort
Kentucky

2020-215

March 6, 2020

STATE OF EMERGENCY

WHEREAS; On January 31, 2020, the United States Department of Health and Human Services Secretary Alex Azar declared a public health emergency for the novel coronavirus (COVID-19), beginning on January 27, 2020; and

WHEREAS, there are numerous confirmed lab cases of COVID-19 throughout the United States; and

WHEREAS, COVID-19, a respiratory disease than can result in serious illness or death, is caused by the SARS-CoV-2 virus, which is a new strain of coronavirus that had not been previously identified in humans and can easily spread from person to person; and

WHEREAS, the CDC identifies the potential public health threat posed by COVID-19 both globally and in the United States as "high", and has advised that person-to-person spread of COVID-19 will continue to occur globally, including within the United States; and

WHEREAS, the World Health Organization currently indicates there are 98,192 confirmed cases of COVID-19 worldwide, and the CDC currently indicates that 164 of those cases are in the United States; and

WHEREAS, the planning and preparedness of all state and local agencies for a COVID-19 public health emergency in the Commonwealth is a concern to all Kentuckians; and

WHEREAS, the Kentucky Department of Emergency Management has special personnel and equipment resources to assist the state and local authorities in the protection of life, public health and safety, to promote the public welfare, to prevent undue loss and suffering, and to mitigate the effects of such an event; and



EXECUTIVE ORDER

Secretary of State Frankfort Kentucky

NOW, THEREFORE, I, Andy Beshear, Governor of the Commonwealth of Kentucky, by virtue of the authority vested in me by Chapter 39A of the Kentucky Revised Statutes, declare that a State of Emergency exists in the Commonwealth of Kentucky and do hereby order and direct the issuance of appropriate state active duty orders for the necessary officers, troops, personnel, equipment, including the resources of the Kentucky National Guard and other logistical support necessary for an immediate response to the novel coronavirus (COVID-19) emergency in the Commonwealth. I further order and direct as follows:

- 1. The Division of Emergency Management within the Department of Military Affairs and the Kentucky Department of Public Health shall coordinate the response and relief activities of all state agencies and private relief organizations in response to the COVID-19 emergency described herein.
- 2. The Division of Emergency Management within the Department of Military Affairs shall execute the Kentucky Emergency Operations Plan and, from the Kentucky Emergency Operations Center, shall coordinate the relief and response activities of all state agencies and private relief organizations in response to this emergency.
- The Adjutant General is authorized to issue active duty orders for the mobilization of such National Guard personnel and equipment as he may determine to protect life and safety, to continue essential public services, and to prevent undue loss and suffering.
- 4. The Division of Emergency Management is authorized to request assistance, federal, state, local, private sector, volunteer, and donated resources as may be available to minimize human suffering and to restore essential services to the general population and to assist state and local governments and individuals impacted by this emergency.
- 5. The Finance and Administration Cabinet is directed to provide assistance with incident resource management, procurements, and contracting and to fund the urgent operational and/or response of the Division of Emergency Management and the unbudgeted expenditures and obligations of other state agencies that are incurred in response and recovery from this emergency incident and in executing the provisions of this Executive Order.
- 6. The Kentucky Department of Public Health and all other state agencies shall provide



ANDY BESHEAR GOVERNOR

EXECUTIVE ORDER

Secretary of State Frankfort Kentucky

7. The Kentucky Office of Homeland Security ("KOHS") shall provide information to individuals and private organizations, including volunteer and religious organizations, regarding how they can best prepare for and respond to the COVID-19 emergency described herein and whom to contact to volunteer help or services. Further, the KOHS shall specifically identify and encourage private organizations to commit to provide food, shelter, personnel, equipment, materials, consultation, and advice, or other services needed to respond to the COVID-19 emergency. Additionally, the KOHS shall coordinate its efforts with the federal Department of Homeland Security, as necessary, and administer the Kentucky Intelligence Fusion Center to facilitate information sharing about COVID-19 among public safety and public service agencies at the federal, state, and local levels, as well as the private sector.

This order is effective March 6, 2020.

ANDY BESHEAR, Governor Commonwealth of Kentucky

AICHAEL G. ADAMS

eretary of State

DATE 3/6/2020

MICHAEL G. ADAMS
SECRETARY OF STATE
COMMONWEALTH OF KENTACKY
BY

68 FR 17255, Exec. Order No. 13295, 2003 WL 24028025(Pres.)

Executive Order 13295

Revised List of Quarantinable Communicable Diseases

April 4, 2003

7-16-2020 *17255 By the authority vested in me as President by the Constitution and the laws of the United States of America, including section 361(b) of the Public Health Service Act (42 U.S.C. 264(b)), it is hereby ordered as follows:

Section 1. Based upon the recommendation of the Secretary of Health and Human Services (the "Secretary"), in consultation with the Surgeon General, and for the purpose of specifying certain communicable diseases for regulations providing for the apprehension, detention, or conditional release of individuals to prevent the introduction, transmission, or spread of suspected communicable diseases, the following communicable diseases are hereby specified pursuant to section 361(b) of the Public Health Service Act:

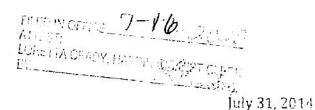
- (a) Cholera; Diphtheria; infectious Tuberculosis; Plague; Smallpox; Yellow Fever; and Viral Hemorrhagic Fevers (Lassa, Marburg, Ebola, Crimean-Congo, South American, and others not yet isolated or named).
- (b) Severe Acute Respiratory Syndrome (SARS), which is a disease associated with fever and signs and symptoms of pneumonia or other respiratory illness, is transmitted from person to person predominantly by the aerosolized or droplet route, and, if spread in the population, would have severe public health consequences.
- Sec. 2. The Secretary, in the Secretary's discretion, shall determine whether a particular condition constitutes a communicable disease of the type specified in section 1 of this order.
- Sec. 3. The functions of the President under sections 362 and 364(a) of the Public Health Service Act (42 U.S.C. 265 and 267(a)) are assigned to the Secretary.
- Sec. 4. This order is not intended to, and does not, create any right or benefit enforceable at law or equity by any party against the United States, its departments, agencies, entities, officers, employees or agents, or any other person.

Sec. 5. Executive Order 12452 of December 22, 1983, is hereby revoked. GEORGE W. BUSH

THE WHITE HOUSE, April 4, 2003.

The White House Office of the Press Secretary

For Immediate Release



Executive Order -- Revised List of Quarantinable Communicable Diseases

EXECUTIVE ORDER

REVISED LIST OF QUARANTINABLE COMMUNICABLE DISEASES

By the authority vested in me as President by the Constitution and the laws of the

United States of America, including section 264(b) of title 42, United States Code, it is
hereby ordered as follows:

Section 1. Amendment to Executive Order 13295. Based upon the recommendation of the Secretary of Health and Human Services, in consultation with the Acting Surgeon General, and for the purposes set forth in section 1 of Executive Order 13295 of April 4, 2003, as amended by Executive Order 13375 of April 1, 2005, section 1 of Executive Order 13295 shall be further amended by replacing subsection (b) with the following:

"(b) Severe acute respiratory syndromes, which are diseases that are associated with fever and signs and symptoms of pneumonia or other respiratory illness, are capable of being transmitted from person to person, and that either are causing, or have the potential to cause, a pandemic, or, upon infection, are highly likely to cause mortality or serious morbidity if not properly controlled. This subsection does not apply to influenza."

Sec. 2. General Provisions. (a) Nothing in this order shall be construed to impair or otherwise affect:

- (i) the authority granted by law to an executive department, agency, or the head thereof; or
- (ii) the functions of the Director of the Office of Management and Budget relating to budgetary, administrative, or legislative proposals.
- (b) This order is not intended to, and does not, create any right or benefit, substantive or procedural, enforceable at law or in equity by any party against the United States, its departments, agencies, or entities, its officers, employees, or agents, or any other person.

BARACK OBAMA

Exec. Order No. 13674, 79 FR 45671, 2014 WL 3836891(Pres.)

Executive Order 13674

Revised List of Quarantinable Communicable Diseases

July 31, 2014



*45671 By the authority vested in me as President by the Constitution and the laws of the United States of America, including section 264(b) of title 42. United States Code, it is hereby ordered as follows:

Section 1. Amendment to Executive Order 13295. Based upon the recommendation of the Secretary of Health and Human Services, in consultation with the Acting Surgeon General, and for the purposes set forth in section 1 of Executive Order 13295 of April 4, 2003, as amended by Executive Order 13375 of April 1, 2005, section 1 of Executive Order 13295 shall be further amended by replacing subsection (b) with the following:

"(b) Severe acute respiratory syndromes, which are diseases that are associated with fever and signs and symptoms of pneumonia or other respiratory illness, are capable of being transmitted from person to person, and that either are causing, or have the potential to cause, a pandemic, or, upon infection, are highly likely to cause mortality or serious morbidity if not properly controlled. This subsection does not apply to influenza."

Sec. 2. General Provisions. (a) Nothing in this order shall be construed to impair or otherwise affect:

- (i) the authority granted by law to an executive department, agency, or the head thereof; or
- (ii) the functions of the Director of the Office of Management and Budget relating to budgetary, administrative, or legislative proposals.
- (b) This order is not intended to, and does not, create any right or benefit, substantive or procedural, enforceable at law or in equity by any party against the United States, its departments, agencies, or entities, its officers, employees, or agents, or any other person.
 BARACK OBAMA

THE WHITE HOUSE, July 31, 2014.

Exec. Order No. 1367479 FR 456712014 WL 3836891(Pres.)

https://www.cdc.gov/

How COVID-19 Spreads

Updated June 16, 2020

Other Languages

Print Page

COVID-19 is thought to spread mainly through close contact from person-toperson. Some people without symptoms may be able to spread the virus. We are still learning about how the virus spreads and the severity of illness it causes.

7-16-2020 1056-10 Community SC

Person-to-person spread

The virus is thought to spread mainly from person-to-person.

- Between people who are in close contact with one another (within about 6 feet).
- Through respiratory droplets produced when an infected person coughs, sneezes, or talks.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
- COVID-19 may be spread by people who are not showing symptoms.

The virus spreads easily between people

How easily a virus spreads from person-to-person can vary. Some viruses are highly contagious, like measles, while other viruses do not spread as easily. Another factor is whether the spread is sustained, which means it goes from person-to-person without stopping.

The virus that causes COVID-19 is spreading very easily and sustainably between people. Information from the ongoing COVID-19 pandemic suggests that this virus is spreading more efficiently than influenza, but not as efficiently as measles, which is highly contagious. In general, the more closely a person

interacts with others and the longer that interaction, the higher the risk of COVID-19 spread.

The virus may be spread in other ways

It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes. This is not thought to be the main way the virus spreads, but we are still learning more about how this virus spreads.

Spread between animals and people

- At this time, the risk of COVID-19 spreading from animals to people is considered to be low. Learn about <u>COVID-19</u> and pets and other animals.
- It appears that the virus that causes COVID-19 can spread from people to
 animals in some situations. CDC is aware of a small number of pets worldwide,
 including cats and dogs, reported to be infected with the virus that causes
 COVID-19, mostly after close contact with people with COVID-19. Learn what
 you should do if you have pets.

Protect yourself and others

The best way to prevent illness is to avoid being exposed to this virus. You can take steps to slow the spread.

- Maintain good social distance (about 6 feet). This is very important in preventing the spread of COVID-19.
- Wash your hands often with soap and water. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- · Routinely clean and disinfect frequently touched surfaces.
- Cover your mouth and nose with a <u>cloth face covering</u> when around others.

Learn more about what you can do to protect yourself and others.

More Information

ASL Video Series: How does COVID-19 Spread?

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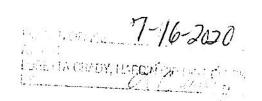
Page last reviewed: June 16, 2020

Content source: <u>National Center for Immunization and Respiratory Diseases</u> (NCIRD), <u>Division of Viral Diseases</u>

Isolate If You Are Sick

Separate yourself from others if you have COVID-19

Updated July 2, 2020



Isolation is used to separate people infected with the virus (those who are sick with COVID-19 and those with no symptoms) from people who are not infected.

People who are in isolation should stay home until it's safe for them to be around others. In the home, anyone sick or infected should separate themselves from others by staying in a specific "sick room" or area and using a separate bathroom (if available).

Who needs to isolate?

People who have COVID-19

- People who have <u>symptoms of COVID-19</u> and are able to recover at home
- People who have no symptoms (are asymptomatic) but have tested positive for COVID-19

Steps to take

Stay home except to get medical care

- Monitor your symptoms. If you have an emergency warning sign (including trouble breathing), seek emergency medical care immediately
- Stay in a separate room from other household members, if possible
- Use a separate bathroom, if possible
- Avoid contact with other members of the household and pets
- Don't share personal household items, like cups, towels, and utensils
- Wear a cloth face covering when around other people, if able

Learn more about what to do if you are sick.

When you can be around others after you had or likely had COVID-19

When you can be around others (end home isolation) depends on different factors for different situations.

Find CDC's recommendations for your situation below.

I think or know I had COVID-19, and I had symptoms You can be with others after

- 3 days with no fever and
- Respiratory symptoms have improved and
- 10 days since symptoms first appeared

Depending on your healthcare provider's advice and availability of testing, you might get tested to see if you still have COVID-19. If you will be tested, you can be around others when you have no fever, respiratory symptoms have improved, and you receive two negative test results in a row, at least 24 hours apart.

I tested positive for COVID-19 but had no symptoms If you continue to have no symptoms, you can be with others after:

10 days have passed since test

Depending on your healthcare provider's advice and availability of testing, you might get tested to see if you still have COVID-19. If you will be tested, you can be around others after you receive two negative test results in a row, at least 24 hours apart.

If you develop symptoms after testing positive, follow the guidance above for "I think or know I had COVID, and I had symptoms."

I have a weakened immune system

If you have a weakened immune system (immunocompromised) due to a health condition or medication, when can you be around others?

<u>People with conditions that weaken their immune system</u> might need to stay home longer than 10 days. Talk to your healthcare provider for more information. If testing is available in your community, it may be recommended by your healthcare provider. You can be with others after you receive two negative test results in a row, at least 24 hours apart.

If testing is not available in your area, your doctor should work with an infectious disease expert at your local health department to determine if you are likely to spread COVID-19 to others and need to stay home longer.

For anyone who has been around a person with COVID-19

It is important to remember that anyone who has close contact with someone with COVID-19 should stay home for 14 days after exposure based on the time it takes to develop illness. Find more information.

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Page last reviewed: July 2, 2020

Content source: <u>National Center for Immunization and Respiratory Diseases (NCIRD)</u>, <u>Division</u> of Viral Diseases

Your Health

- Symptoms
- Testingplus icon
- · Prevent Getting Sickplus icon

If You Are Sickplus icon

What to Do If You Are Sick

Isolate If You Are Sick

Quarantine If You Might Be Sick

Caring for Someone

Parents or Caregivers Who Are Sick

When You Can be Around Others

- Daily Life & Going Outplus icon
- People Who Need Extra Precautionsplus icon
- Pets & Other Animalsplus icon
- <u>Travel</u>plus icon
- Frequently Asked Questions

email_03Get Email Updates

To receive email updates about COVID-19, enter your email address:

Email Address

What's this?

Submit

Spanish Resources

- Spanish Communication Resources
- Social Media Toolkit
- Infection Control
- FAQ on Infection Control

https://www.cdc.gov/

Quarantine If You Might Be Sick

7-16-200

Stay home if you might have been exposed to COVID-19

Updated July 7, 2020

Quarantine is used to keep someone who might have been exposed to COVID-19 away from others. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department.

Who needs to quarantine?

Anyone who has been in close contact with someone who has COVID-19.

This includes people who previously had COVID-19 and people who have taken a serologic (antibody) test and have antibodies to the virus.

What counts as close contact?

- You were within 6 feet of someone who has COVID-19 for at least 15 minutes
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person (touched, hugged, or kissed them)
- You shared eating or drinking utensils
- They sneezed, coughed, or somehow got respiratory droplets on you

Steps to take

Stay home and monitor your health

- Stay home for 14 days after your last contact with a person who has COVID-19
- Watch for fever (100.4°F), cough, shortness of breath, or other symptoms of COVID-19
- If possible, stay away others, especially people who are at <u>higher risk</u> for getting very sick from COVID-19

When to start and end quarantine

You should stay home for 14 days after your last contact with a person who has COVID-19.

For all of the following scenarios, even if you test negative for COVID-19 or feel healthy, you should stay home (quarantine) since symptoms may appear 2 to 14 days after exposure to the virus.

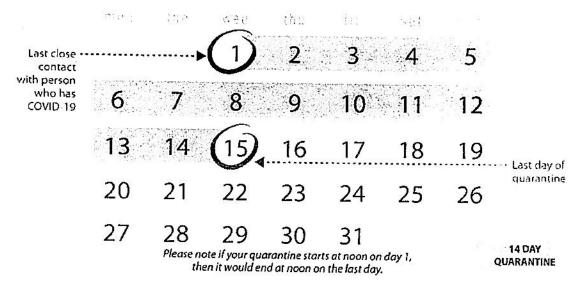
See scenarios below to determine when you can end quarantine and be around others.

Scenario 1: Close contact with someone who has COVID-19—will not have further close contact

I had close contact with someone who has COVID-19 and will not have further contact or interactions with the person while they are sick (e.g., co-worker, neighbor, or friend).

Your last day of quarantine is 14 days from the date you had close contact.

Date of last close contact with person who has COVID-19 + 14 days= end of quarantine



Scenario 2: Close contact with someone who has COVID-19—live with the person but can avoid further close contact

I live with someone who has COVID-19 (e.g., roommate, partner, family member), and that person has isolated by staying in a separate bedroom. I have had no close contact with the person since they isolated.

Your last day of quarantine is 14 days from when the person with COVID-19 began home isolation.

Date person with COVID-19 began home isolation + 14 days = end of quarantine

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	20 27	21 28	22 29	23 30	24 31	25	26	quarantine
								14087

Please note if your quarantine starts at noon on day 1, then it would end at noon on the last day.

14 DAY QUARANTINE

Scenario 3. Under quarantine and had additional close contact with someone who has COVID-19

I live with someone who has COVID-19 and started my 14-day quarantine period because we had close contact. What if I ended up having close contact with the person who is sick during my quarantine? What if another household member gets sick with COVID-19? Do I need to restart my quarantine?

Yes. You will have to restart your quarantine from the last day you had close contact with anyone in your house who has COVID-19. Any time a new household member gets sick with COVID-19 and you had close contact, you will need to restart your quarantine.

Date of additional close contact with person who has COVID-19 + 14 days = end of quarantine

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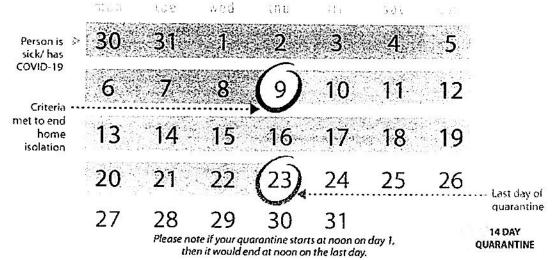
then it would end at noon on the last day.

Scenario 4: Live with someone who has COVID-19 and cannot avoid continued close contact

I live in a household where I cannot avoid close contact with the person who has COVID-19. I am providing direct care to the person who is sick, don't have a separate bedroom to isolate the person who is sick, or live in close quarters where I am unable to keep a physical distance of 6 feet.

You should avoid contact with others outside the home while the person is sick, and quarantine for 14 days after the person who has COVID-19 meets the criteria to end home isolation.

Date the person with COVID-19 ends home isolation + 14 days = end of quarantine

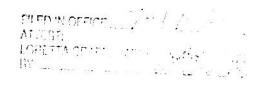


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Page last reviewed: July 7, 2020

Content source: National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases





CABINET FOR HEALTH AND FAMILY SERVICES DEPARTMENT FOR PUBLIC HEALTH

Andy Beshear Governor

275EastMainStreet, HS1GWA Frankfort, KY 40621 502-564-3970 Fax: 502-564-9377 www.chfs.ky.gov/dph Eric C. Friedlander Acting Secretary

Steven J. Stack, MD Commissioner

SELF-ISOLATION AND CONTROLLED MOVEMENT AGREED ORDER

, understand that I have been diagnosed with novel coronavirus and I acknowledge the authority granted to the Kentucky Department for Public Health (KDPH) in KRS 211.180, 214.020, 902 KAR 2:030, 902 KAR 2:050, to require me to implement the following control measures, effective immediately and until notified by KDPH that these measures are lifted, that are reasonable and necessary to prevent the introduction, transmission, and spread of the 2019 novel coronavirus in this state:

- I will check in with the Department for Public Health via phone call daily. During each check-in, I will provide my temperature and any symptoms I am experiencing. I will notify the Department for Public Health if my symptoms are improving or getting worse. I will take my temperature at approximately the same time each day.
- 2. If my symptoms are getting worse and I feel that I need to receive health services, I will notify the Department for Public Health first. The Department for Public Health will then assist with notifying the nearest emergency department. In the event that my condition requires immediate medical assistance, I will notify the nearest emergency department and inform them of my novel coronavirus status before transport to that facility.
- 3. As long as I do not require hospitalization, I will self-isolate at home, reducing contact with all others as much as is practicable, for the duration of my symptoms and until the Department for Public Health releases me from self-isolation. I will not leave my house without the approval of the Department for Public Health. I will not work, attend school, or go to any public location during this time.
- 4. I will not travel outside of the county or countles where I reside, work, attend school or through which I must pass to travel from home to work or school—without the prior approval of the Department for Public Health.
- 5. I will not travel outside of the Commonwealth of Kentucky without the prior approval of the Department for Public Health.
- 6. I will not travel by any public, commercial, or healthcare conveyance such as ambulance, bus, taxi, airplane, train, or boat without the prior approval of the Department for Public Health.
- I acknowledge that if I cannot or will not comply with all of the control measures listed in sections 1 through 6, the
 Department for Public Health shall obtain a court order from the Hardin County Circuit Court
 to enforce the terms of this agreed order.

8.	The Hardin County	CIRCUIT COURT has jurisdiction over this action pursuant to KRS	211.230
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9. The Department for Public Health shall re-evaluate this order prior to determining when the isolation period may be lifted.

This order shall expire

days after its issuance. This order was presented to