

Brea Olinda Unified School District

"Learning is our priority, with opportunity for ALL."

Health Education Standards and the Inclusion of AB329



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Assistant Superintendent, Educational Services
March 21, 2019

Safe and Welcoming Schools

- **The BOUSD Board of Education works with staff to implement new legislation and policy.**
- **BOUSD strives to provide a Safe and Welcoming environment for all students.**
- **BOUSD approaches policy and change responsibly.**



California has Academic Health Standards



Improve **academic achievement and health literacy** for all students in California

Provide school districts with **fundamental tools** for developing health education curricula and improving student achievement in this area

Ensure that all students in kindergarten through high school have **access to high quality health education instruction**, providing students with the knowledge, skills, and confidence to lead healthy lives.

Health Standards and Frameworks



- **Standards** – provide a clear description of *what students should know* in health education.
- **Health Frameworks** – provide the *how to* (instruction, assessment, environment, instructional resources).
- **Health framework will be approved in May of 2019** by the State Board of Education



Health Education Domains



- Nutrition and Physical Activity
- Growth Development and Sexual Health
- Injury Prevention and Safety
- Alcohol, Tobacco, and other Drugs
- Mental, Emotional, and Social Health
- Personal and Community Health

California Healthy Youth Act of 2016

LEGISLATION



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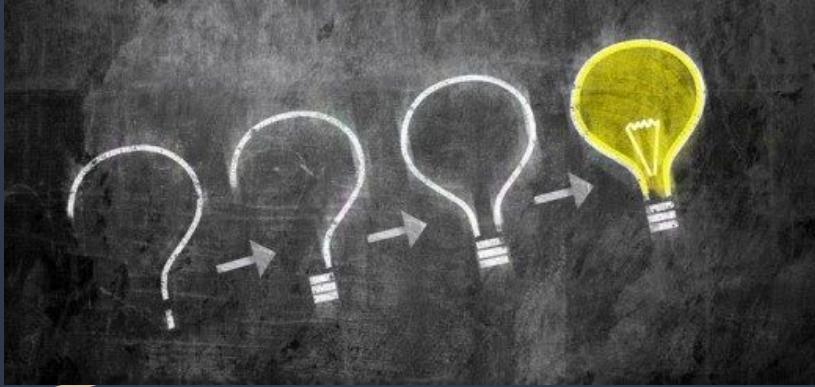


- ❑ Brought forth by Dr. Shirley (District 79 SD) Weber in 2015
- ❑ Strong support from the Senate and Assembly
- ❑ Approved by the Governor in October 2015
- ❑ Went into effect January 1, 2016

What is new with AB 329?

Previous Requirements	AB329- CHYA
<ul style="list-style-type: none">● Must cover HIV prevention● Sexual health education is optional● Sex-ed must be age appropriate, medically accurate, comprehensive and appropriate for students with disabilities● Abstinence only sex education is not permitted	<ul style="list-style-type: none">● Updates existing HIV prevention education● Sexual health education required● Strengthens sex-ed requirements to be inclusive of all genders and sexual orientations● Includes new language about adolescent relationship abuse and sex trafficking

Purpose of AB329 California Healthy Youth Act (CHYA)



To promote understanding of sexuality as a normal part of human development.

To ensure pupils receive **integrated**, comprehensive, **accurate**, and **unbiased** sexual health and HIV prevention instruction and provide educators with clear tools and **guidance** to accomplish that end.

To provide pupils with the knowledge and skills necessary to have **healthy**, **positive**, and **safe** relationships and behaviors.

Required Instruction & Education with AB329



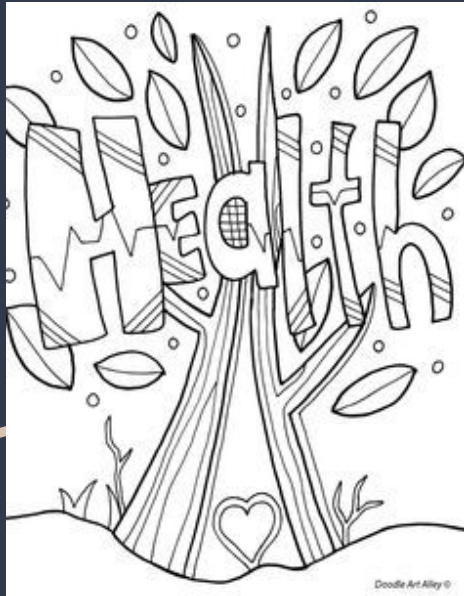
- Age appropriate
- Medically accurate
- Support the purpose of this law
- Appropriate for; **all races, genders, sexual orientations**, ethnic and cultural backgrounds, pupils with disabilities and **English learners**
- Instruction/materials shall be made available for **English learners**
- Free of bias of any category protected by **non-discrimination policy in Ed Code 220**
- **Affirmatively recognize people have different orientation – include examples**
- Teach about gender, gender expression, gender identity and harm of negative stereotypes
- Encourage communication with parents/guardians/trusted adults
- Healthy relationships
- Decision making, negotiation and refusal skills
- Shall not teach or promote religious doctrine

Content Requirements 7-12 HIV/AIDS



- Nature of HIV, other STIs, and their effects on the human body.
- Manner in which HIV and other STIs are and are not transmitted.
- That abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other STIs.
- “Abstinence from sexual intercourse is the only certain way to prevent unintended pregnancy.”

Content Requirements 7-12 HIV/AIDS



- Effectiveness of all FDA approved methods that prevent or reduce the risk of contracting HIV or other STIs
(including PrEP, PEP, HPV vaccines and others)
- Effectiveness of decreasing needle use and needle sharing
- Treatment of HIV and other STIs
(including how antiretroviral therapy can prolong life and reduce risk of transmission)
- Societal views on HIV and AIDS

Content

Requirements 7-12

Reproductive Health



Instruction on pregnancy shall include an **objective discussion** of all legally available pregnancy outcomes, including, but not limited to, all of the following:

- Accessing resources for sexual and reproductive health care
- Information about pregnancy
- Pregnancy outcomes
 - Parenting, adoption, and abortion.
- Surrendering physical custody of a minor child.
- The importance of prenatal care.
- Safe surrender laws
- Information about sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence, and human trafficking.

Outside Consultants



- District may contract with outside consultants or guest speakers to deliver comprehensive sexual health education and HIV prevention education or to provide training for district personnel.
- All outside consultants and guest speakers shall have expertise and knowledge of most recent information.
- BOUSD teachers work with principals to identify possible guest speakers.
- BOUSD also has a guest speaker form for parent notification.

Parental Notification



- BOUSD provides notification of instruction to families
- At the beginning of the year, when a student enrolls the District shall notify parents about instruction planned for the coming year.
- If arrangements for instruction are made after the beginning of the year, district shall notify parents at least two weeks prior to education.
- BOUSD offers families the option to view content and materials
- BOUSD will notify families of outside consultants and their right to request copies of materials
- Parent/guardian has the right to excuse their pupil from all or part of comprehensive sexual health education through a passive consent (opt-out).
- BOUSD **shall not** require active consent (opt-in) for this content.

Teacher Training



- BOUSD teachers who are instructing the content must have knowledge and up-to-date training
- BOUSD Health Teachers are credentialed in the subject area.
- BOUSD 7th grade science teachers are credentialed in the subject area (life science/Biology)
- Outside speakers must follow all laws when presenting
- Training for the new California Health Content Standards in 2020.

What is Happening in BREA 7-12

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- In 2016, Educational Services met with the secondary team to share the new legislation.
- The team came together to create their own content that integrated the new standards.
- The local education authority (BOUSD) authenticated curriculum that has been in use for 3 semesters.



Concerns brought forward at our meeting earlier today



Pederasty

- Teachers discuss how homosexuality has existed in history- historical perspectives
- We do not teach pedophilia

Birth control methods

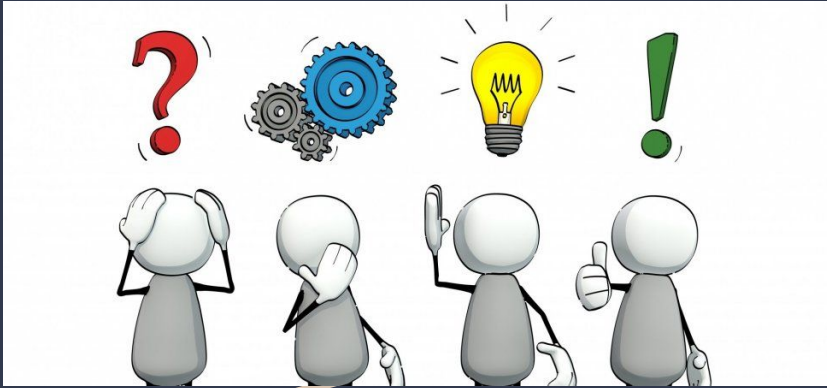
Alternative methods to sexual activity

Inclusion of CHYA in BOUSD



- Students will be able to identify risky behaviors associated with the spread of STI's including HIV
- Students are informed of their rights under California Law regarding access to birth control, including emergency contraception, testing and treatment for STI's, pregnancy testing and prenatal care, abortion services, HIV/AIDS testing.
- Students learn about different sexual orientations, as well as gain the skills to develop empathetic and healthy attitudes towards people with different sexual orientations.
- Students receive information on the importance of family relationships, different family forms, characteristics of healthy families and skills to keep family relationships healthy.

Inclusion of CHYA in BOUSD



- Students receive information on building healthy peer relationships (effective communication, cooperation and compromise and identifying problems that can occur).
- Students hear from a guest speaker to hear about healthy relationships, emotions, attitudes and how to use conflict resolution skills in relationships.
- Students will learn about the different methods of birth control.
- Students are taught the most effective means to avoid pregnancy- contraception/spread of HIV is through choosing abstinence.

Grades K-6 in BOUSD



The law states schools *may* teach the same content required in grades 7-12

However, in BOUSD, **we do not teach comprehensive sex education in K-6**- We keep the K-6 program focused on:

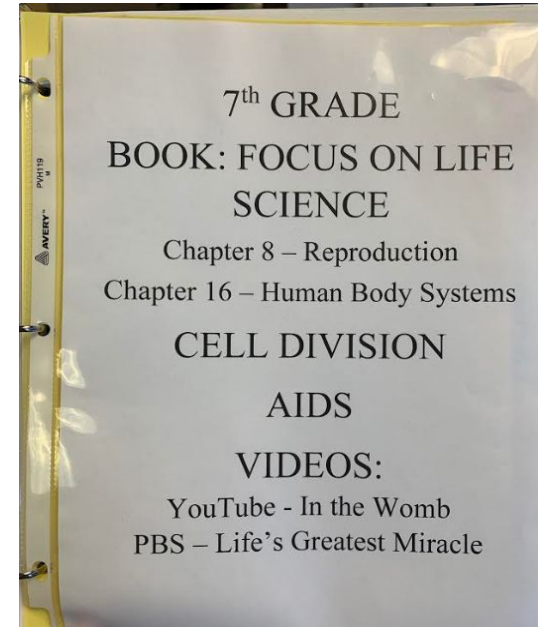
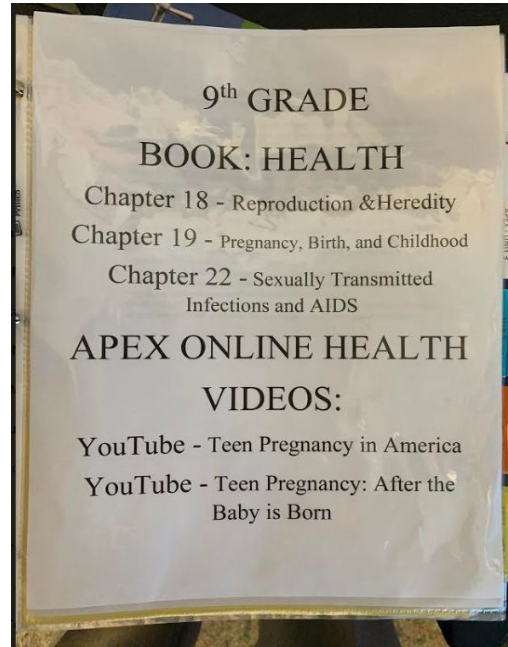
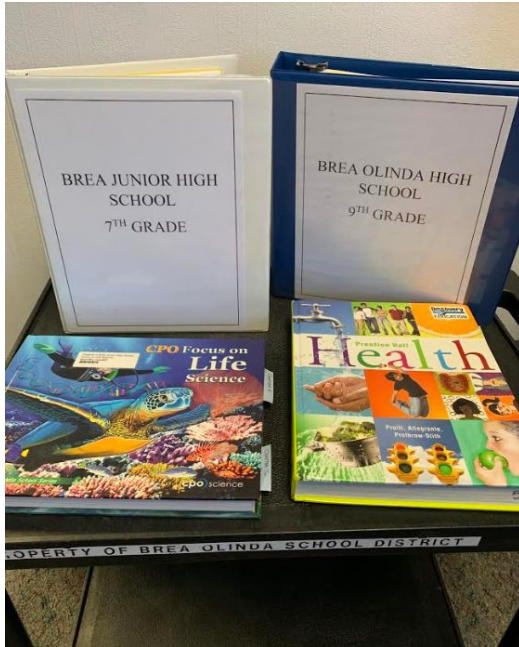
5th grade girls - Just around the corner for girls(menstruation)

6th grade girls and boys- AIDS Facts for Kids

6th grade boys- Straight talk about puberty for boys

6th grade girls- Straight talk about puberty for girls

5th- 6th grade girls- “*Always Changing Program*”. A student kit and teacher kit with a sample pack of pads, deodorant and menstrual cycle calendar.



BOUSD Instructional Materials

State Resources

Draft Health Frameworks



California Department of
EDUCATION

[Frameworkhttps://www.cde.ca.gov/ci/he/cf/](https://www.cde.ca.gov/ci/he/cf/)



ACLU

AMERICAN CIVIL LIBERTIES UNION

https://www.aclunc.org/docs/fast_facts_about_the_california_healthy_youth_act.pdf

ASHWG
ADOLESCENT SEXUAL HEALTH WORK GROUP

Next Steps



- Like any curriculum, BOUSD will continue to evaluate the needs of the Health and Comprehensive Sex Education program though the new State Framework is not anticipated until 2020.
- Integrate new, Local Education Agency created instructional materials.
- Work with families to notify and educate.

Questions

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Answers

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