Health Education Standards and the Inclusion of AB329

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Safe and Welcoming Schools

- The BOUSD Board of Education works with staff to implement new legislation and policy.
- BOUSD strives to provide a Safe and Welcoming environment for all students.
- BOUSD approaches policy and change responsibly.
California has Academic Health Standards

Improve **academic achievement and health literacy** for all students in California

Provide school districts with **fundamental tools** for developing health education curricula and improving student achievement in this area

Ensure that all students in kindergarten through high school have **access to high quality health education instruction**, providing students with the knowledge, skills, and confidence to lead healthy lives.
• Standards – provide a clear description of what students should know in health education.

• Health Frameworks – provide the how to (instruction, assessment, environment, instructional resources).

• Health framework will be approved in May of 2019 by the State Board of Education
Health Education Domains

- Nutrition and Physical Activity
- Growth Development and Sexual Health
- Injury Prevention and Safety
- Alcohol, Tobacco, and other Drugs
- Mental, Emotional, and Social Health
- Personal and Community Health
California Healthy Youth Act of 2016

- Brought forth by Dr. Shirley (District 79 SD) Weber in 2015
- Strong support from the Senate and Assembly
- Approved by the Governor in October 2015
- Went into effect January 1, 2016
# What is new with AB 329?

<table>
<thead>
<tr>
<th>Previous Requirements</th>
<th>AB329- CHYA</th>
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<tbody>
<tr>
<td>● Must cover HIV prevention</td>
<td>● Updates existing HIV prevention education</td>
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<tr>
<td>● Sexual health education is optional</td>
<td>● Sexual health education required</td>
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<tr>
<td>● Sex-ed must be age appropriate, medically accurate, comprehensive and appropriate for students with disabilities</td>
<td>● Strengthens sex-ed requirements to be inclusive of all genders and sexual orientations</td>
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<tr>
<td>● Abstinence only sex education is not permitted</td>
<td>● Includes new language about adolescent relationship abuse and sex trafficking</td>
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Purpose of AB329
California Healthy Youth Act (CHYA)

To promote understanding of sexuality as a normal part of human development.

To ensure pupils receive integrated, comprehensive, accurate, and unbiased sexual health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end.

To provide pupils with the knowledge and skills necessary to have healthy, positive, and safe relationships and behaviors.
Purpose

Provide pupils with the **knowledge and skills** necessary to protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy.

Provide pupils with the knowledge and skills they need to **develop healthy attitudes** concerning adolescent growth and development, body image, **gender, sexual orientation**, relationships, marriage, and family.
Required Instruction & Education with AB329

- Age appropriate
- Medically accurate
- Support the purpose of this law
- Appropriate for; all races, genders, sexual orientations, ethnic and cultural backgrounds, pupils with disabilities and English learners
- Instruction/materials shall be made available for English learners
- Free of bias of any category protected by non-discrimination policy in Ed Code 220

- Affirmatively recognize people have different orientation – include examples
- Teach about gender, gender expression, gender identity and harm of negative stereotypes
- Encourage communication with parents/guardians/trusted adults
- Healthy relationships
- Decision making, negotiation and refusal skills
- Shall not teach or promote religious doctrine
Content Requirements 7-12
HIV/AIDS

- Nature of HIV, other STIs, and their effects on the human body.

- Manner in which HIV and other STIs are and are not transmitted.

- That abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other STIs.

“Abstinence from sexual intercourse is the only certain way to prevent unintended pregnancy.”
Content Requirements 7-12
HIV/AIDS

• Effectiveness of all FDA approved methods that prevent or reduce the risk of contracting HIV or other STIs (including PrEP, PEP, HPV vaccines and others)

• Effectiveness of decreasing needle use and needle sharing

• Treatment of HIV and other STIs (including how antiretroviral therapy can prolong life and reduce risk of transmission)

• Societal views on HIV and AIDS
Content
Requirements 7-12
Sexual Health

Information about local resources and **pupils’ legal rights to access local resources** for:
- Sexual and reproductive health
- Testing and medical care for HIV and other sexually transmitted infections
- Pregnancy prevention and care
- Assistance with sexual assault and intimate partner violence.

Information about the effectiveness and safety of all FDA-approved contraceptive methods in preventing pregnancy, including, but not limited to, emergency contraception.
Instruction on pregnancy shall include an **objective discussion** of all legally available pregnancy outcomes, including, but not limited to, all of the following:

- Accessing resources for sexual and reproductive health care
- Information about pregnancy
- Pregnancy outcomes
  - Parenting, adoption, and abortion.
- Surrendering physical custody of a minor child.
- The importance of prenatal care.
- Safe surrender laws
- Information about sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence, and human trafficking.
Outside Consultants

- District may contract with outside consultants or guest speakers to deliver comprehensive sexual health education and HIV prevention education or to provide training for district personnel.
- All outside consultants and guest speakers shall have expertise and knowledge of most recent information.
- BOUSD teachers work with principals to identify possible guest speakers.
- BOUSD also has a guest speaker form for parent notification.
Parental Notification

- BOUSD provides notification of instruction to families
- At the beginning of the year, when a student enrolls the District shall notify parents about instruction planned for the coming year.
- If arrangements for instruction are made after the beginning of the year, district shall notify parents at least two weeks prior to education.
- BOUSD offers families the option to view content and materials
- BOUSD will notify families of outside consultants and their right to request copies of materials
- Parent/guardian has the right to excuse their pupil from all or part of comprehensive sexual health education through a passive consent (opt-out).
- BOUSD shall not require active consent (opt-in) for this content.
Teacher Training

- BOUSD teachers who are instructing the content must have knowledge and up-to-date training.
- BOUSD Health Teachers are credentialed in the subject area.
- BOUSD 7th grade science teachers are credentialed in the subject area (life science/Biology).
- Outside speakers must follow all laws when presenting.
- Training for the new California Health Content Standards in 2020.
What is Happening in BREA 7-12

- In 2016, Educational Services met with the secondary team to share the new legislation.
- The team came together to create their own content that integrated the new standards.
- The local education authority (BOUSD) authenticated curriculum that has been in use for 3 semesters.
Concerns brought forward at our meeting earlier today

Pederasty
- Teachers discuss how homosexuality has existed in history- historical perspectives
- We do not teach pedophilia

Birth control methods

Alternative methods to sexual activity
Inclusion of CHYA in BOUSD

- Students will be able to identify risky behaviors associated with the spread of STI’s including HIV.
- Students are informed of their rights under California Law regarding access to birth control, including emergency contraception, testing and treatment for STI’s, pregnancy testing and prenatal care, abortion services, HIV/AIDS testing.
- Students learn about different sexual orientations, as well as gain the skills to develop empathetic and healthy attitudes towards people with different sexual orientations.
- Students receive information on the importance of family relationships, different family forms, characteristics of healthy families and skills to keep family relationships healthy.
Inclusion of CHYA in BOUSD

- Students receive information on building healthy peer relationships (effective communication, cooperation and compromise and identifying problems that can occur).
- Students hear from a guest speaker to hear about healthy relationships, emotions, attitudes and how to use conflict resolution skills in relationships.
- Students will learn about the different methods of birth control.
- Students are taught the most effective means to avoid pregnancy - contraception/spread of HIV is through choosing abstinence.
Grades K-6 in BOUSD

The law states schools may teach the same content required in grades 7-12.

However, in BOUSD, we do not teach comprehensive sex education in K-6. We keep the K-6 program focused on:

5th grade girls - Just around the corner for girls (menstruation)

6th grade girls and boys - AIDS Facts for Kids

6th grade boys - Straight talk about puberty for boys

6th grade girls - Straight talk about puberty for girls

5th-6th grade girls - “Always Changing Program”. A student kit and teacher kit with a sample pack of pads, deodorant and menstrual cycle calendar.
9th GRADE
BOOK: HEALTH
Chapter 18 - Reproduction & Heredity
Chapter 19 - Pregnancy, Birth, and Childhood
Chapter 22 - Sexually Transmitted Infections and AIDS
APEX ONLINE HEALTH VIDEOS:
YouTube - Teen Pregnancy in America
YouTube - Teen Pregnancy: After the Baby is Born

7th GRADE
BOOK: FOCUS ON LIFE SCIENCE
Chapter 8 – Reproduction
Chapter 16 – Human Body Systems
CELL DIVISION
AIDS
VIDEOS:
YouTube - In the Womb
PBS – Life’s Greatest Miracle
State Resources

Draft Health Frameworks

https://www.cde.ca.gov/ci/he/cf/

https://www.aclunc.org/docs/fast_facts_about_the_california_healthy_youth_act.pdf
Next Steps

- Like any curriculum, BOUSD will continue to evaluate the needs of the Health and Comprehensive Sex Education program though the new State Framework is not anticipated until 2020.
- Integrate new, Local Education Agency created instructional materials.
- Work with families to notify and educate.